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Contact Christian Hospital about getting a test for peripheral artery disease today! →

Get a Leg Up

Christian Hospital is spreading the message about peripheral artery disease, an often misunderstood condition.

If you answer “yes” to any of these questions, please see your doctor about a PAD test. Do you:

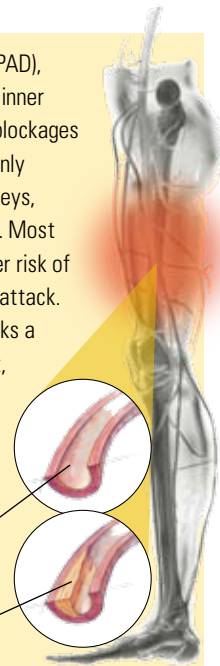
- have foot, calf, buttock, hip or thigh discomfort (aching, fatigue, tingling, cramping or pain) when you walk that is relieved by rest?
- experience any pain at rest in lower leg(s) or feet?
- experience foot or toe pain that often disturbs your sleep?
- have skin wounds or ulcers on your feet or toes that are slow to heal (8-12 weeks)?
- have a severe injury to the leg(s) or feet?
- have an infection of the leg(s) or feet that may be gangrenous (black skin tissue)?

What is PAD?

In peripheral artery disease (PAD), fatty deposits build up in the inner lining of artery walls. These blockages restrict blood circulation, mainly in arteries leading to the kidneys, stomach, arms, legs and feet. Most people with PAD have a higher risk of death from stroke and heart attack. If a blood clot forms and blocks a narrowed artery to the heart, a heart attack results. If the clot blocks an artery to the brain, a stroke results.

Healthy artery

Artery clogged with plaque



➡ **Learn about getting tested for PAD. Call the Christian Hospital Diabetes Institute at 314-653-4545. To find a primary care physician, call 314-747-WELL or (toll-free) 1-877-747-WELL.**