

## **NEWS RELEASE**

**Aug. 16, 2009**

**For more information, call Bret Berigan, 314-653-5304.**

### **Christian Hospital August Community Programs**

#### **Imagine Nation Book Sale**

New books are discounted 40 to 70 percent for readers of all ages. Choose from hardcovers and paperbacks including many popular titles from the New York Times Best Seller Lists, cookbooks, children's books, musical selections, photo albums, games and puzzles. All proceeds from this Auxiliary event go toward improving patient care.

Aug. 4, 10 a.m.–4 p.m.

Aug. 5, 7 a.m.–3 p.m.

Christian Hospital Lobby, 11133 Dunn Rd. (I-270/Hwy. 367 interchange)

#### **Peripheral Artery Disease**

Peripheral Artery Disease (PAD) occurs when there is a buildup of cholesterol and plaque in the arteries of the lower extremities, causing decreased blood flow to the legs and feet. Join us this morning and learn about a PADnet Arterial test that can provide early detection of this disease.

Jamestown Mall Food Court

Aug. 19, 9–10 a.m.

Free

#### **OASIS Senior Discussion Group at Village North**

Join us monthly for lively conversation, refreshments and your chance at an attendance prize! A new topic each month! Registration is required and space is limited.

Aug. 21, 2-3 p.m.

Village North Retirement Community, off Dunn Road just west of Christian Hospital and the I-270/Hwy. 367 interchange.

Free

Call 314-747-WELL to get discussion topics and to register.

**Alcoholics Anonymous Group 109** meets in the 11<sup>th</sup> floor conference room at Christian Hospital. This is an open meeting for alcoholics, drug addicts and their family and friends.

Sundays, 10 a.m.

Christian Hospital

11133 Dunn Road at the I-270/Hwy. 367 interchange

#### **Chemical Dependency Information Meeting**

Help is here to live a drug-free life and cope with life's challenges.

Tuesdays, 6:30-8 p.m.

For more information, call 314-839-3171.

**STEPS Schizophrenia Support Group**

This nationally recognized program provides education and support for those with schizophrenia and their family members. Group is facilitated by an experienced STEPS nurse.

Wednesdays, 6:30-7:30 p.m.

For more information, call 314-839-3171.

**Christian Hospital Mental Health Evaluations** — Psychiatric and chemical dependency evaluations are confidential and offered free by the Christian Hospital Center for Mental Health. Christian Hospital has a geriatric psychiatric unit dedicated to serving the mental health needs of geriatric patients.

Call 314-839-3171.

**Christian Hospital Breathing Center** offers free lung function screenings.

Northwest HealthCare, 1225 Graham Rd.

Call 314-953-6040.