



WALK *from* OBESITYSM

Prevention, Education, Research & Treatment

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St. Louis set to host **WALK from OBESITY**

In cities all across America, those affected by obesity will join forces and walk to raise money for research, education, prevention and treatment of the life-threatening disease of obesity.

In 2008, the national Walk raised more than \$800,000. The goal this year is to raise \$1 million and St. Louis will join the effort. The *Walk from Obesity will be held on **Saturday, September 19 at Creve Coeur Park.***

The cost to participate in the Walk and show your support for all those affected by obesity is \$25. Registration is free for children 12 and under. To register for the 2009 *Walk from Obesity*, please visit **www.walkfromobesity.com**.

The hard truth:

- More than 2/3 of all Americans are overweight or obese.
- Obesity costs our health care system more than \$117 billion each year.
- Obesity is a leading cause of preventable death, accounting for more than 100,000 deaths each year.

Funds raised through this event will support the American Society for Metabolic and Bariatric Surgery (ASMBS) Foundation and the Obesity Action Coalition (OAC) in their efforts to increase research funding for obesity, improve awareness of the negative stigma associated with obesity and provide educational resources for all those affected by this disease.

The OAC and ASMBS Foundation's Walk from Obesity was established to raise awareness of the obesity epidemic and to support initiatives focusing on prevention, education, research, treatment and advocacy. Walkers raise money by asking friends, family, and co-workers to sponsor them. In addition to walker income, funds are raised through sponsorship, matching gifts, corporate contributions and other fundraising activities.

The 2009 St. Louis 'Walk from Obesity' is proudly presented by:

