

## **NEWS RELEASE**

**July 15, 2010**

**For more information, contact Bret Berigan, [bmb0914@bjc.org](mailto:bmb0914@bjc.org)**

### **Christian Hospital August/September Community Programs**

#### **Shoe Roads Production**

The Christian Hospital Auxiliary is teaming up with Laurie's Shoes to provide a fine selection of better footwear. Vera Bradley accessories will also be available for purchase.

Christian Hospital Lobby, 11133 Dunn Rd., I-270/Hwy. 367 interchange  
July 29, 9 a.m.-4 p.m.; July 30, 7 a.m.-3 p.m.

#### **Mum Sale**

The sale will feature a spectacular variety of colorful mums to brighten any landscape.

Christian Hospital Courtyard near main lobby, 11133 Dunn Rd., I-270/Hwy. 367 interchange

Aug. 5, 10 a.m. until all plants are sold

#### **Stroke Awareness**

Strokes are the third leading cause of death in the United States and a leading cause of serious, long-term disabilities? Stroke is a type of cardiovascular disease. It affects the arteries leading to and within the brain. Up to 80% of strokes are preventable. Tracey Spurgeon, manager of our Neurology unit will join us this morning and she will have information available on the different types of strokes, symptoms and consequences of stroke, diagnosis, treatment and recovery, risk factors and prevention.

Jamestown Mall Food Court, Hwy 67/Old Jamestown Rd.

No registration required.

Aug. 18

9 – 10 a.m.

Free

#### **Homemade Gourmet Sale**

Indulge in free mouth-watering samples at this unique sale and make your Labor Day grilling memorable with Homemade Gourmet that features seasonings and mixes for purchase.

Sept. 1, 9 a.m.-4 p.m.; Sept. 2, 7 a.m.-3 p.m.

Christian Hospital Lobby, 11133 Dunn Rd., I-270/Hwy. 367 interchange

### **Cholesterol Screening**

During September, Christian Hospital will be offering cholesterol screenings as part of *Cholesterol Awareness Month*.

Cholesterol Screenings (total with triglycerides; **fasting required**)

Reservations are required.

Call 314-747-WELL (9355) or 1-877-747-WELL (9355)

Sept. 1, 7 and 15, 8 —11 a.m. in the OASIS Office, Christian Hospital Detrick Building, ground floor, 11133 Dunn Rd., I-270/Hwy. 367 interchange

Sept. 20, 8-11 a.m. in the Community Room at Northwest HealthCare, 1225 Graham Rd.

Cost: \$25

### **Men's Healthy Happy Hour & FREE Prostate Cancer Screenings**

Prostate cancer may be curable if it is discovered at an early stage. This free prostate screening consists of a PSA (prostate Specific antigen) blood test.

September 16

CH Cancer Care Center Lobby Professional Building 2, 11133 Dunn Rd., I-270/Hwy. 367 interchange

4:30 – 8:30 p.m.

Call 314-747-WELL (9355) or 1-877-747-WELL (9355)

### **Prostate Cancer Awareness**

Prostate cancer is the most common cancer among men in the United States, with the exception of skin cancers. Prostate cancer may be curable if it is discovered at an early stage. Stop by Christian Hospital's booth this morning and you will have an opportunity to collect information on Prostate cancer.

Jamestown Mall Food Court, Hwy 67/Old Jamestown Rd.

Sept. 15

9 – 10 a.m.

Free

### **Center for Senior Renewal**

The Center for Mental Health's Center for Senior Renewal, conveniently located on the first floor of the Detrick Building, provides day treatment programs for older adults dealing with anxiety, depression, grief, loss and early signs of dementia. The Center for Senior Renewal provides a comfortable, home-like atmosphere staffed with compassionate and experienced mental health professionals. For more information, contact **Connie Trunk** at 314-653-5123.

**Alcoholics Anonymous Group 109** meets in the 11<sup>th</sup> floor conference room at Christian Hospital. This is an open meeting for alcoholics, drug addicts and their family and friends.

Sundays, 10 a.m.

Christian Hospital

11133 Dunn Road at the I-270/Hwy. 367 interchange

**Chemical Dependency Information Meeting**

Help is here to live a drug-free life and cope with life's challenges.

Tuesdays, 6:30-8 p.m.

For more information, call 314-839-3171.

**STEPS Schizophrenia Support Group**

This nationally recognized program provides education and support for those with schizophrenia. Group is facilitated by an experienced STEPS nurse.

Wednesdays, 6:30-7:30 p.m.

For more information, call 314-839-3171.

**Christian Hospital Mental Health Evaluations** — Psychiatric and chemical dependency evaluations are confidential and offered free by the Christian Hospital Center for Mental Health. Christian Hospital has a geriatric psychiatric unit dedicated to serving the mental health needs of geriatric patients.

Call 314-839-3171.

**Christian Hospital Breathing Center** offers free lung function screenings.

Northwest HealthCare, 1225 Graham Rd.

Call 314-953-6040.