



NEWS RELEASE
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SSM Heart Institute Offers Comprehensive Heart Health Screenings *Knowing Your Numbers Could Save Your Life*

ST. LOUIS – June 30, 2009 – Knowledge is power when it comes to preventing and managing heart disease, the leading cause of death in the United States. To protect your heart, it's important to learn and understand your risk factors.

Start by joining the SSM Heart Institute for a full heart health screening. Receive your total cholesterol, HDL cholesterol, blood glucose, body fat analysis and blood pressure – all for just \$15.

You may even qualify for a FREE screening by completing the SSM Heart Institute's online heart disease risk assessment. Learn more online at ssmhealth.com/heart.

Screenings will be offered:

Wednesday, July 15
SSM DePaul Health Center
8-11 a.m., Lobby

Call toll-free 866-SSM-DOCS (776-3627) to register.

About SSM Heart Institute

SSM Heart Institute is the region's most experienced provider of comprehensive heart care. A team of more than 100 skilled cardiologists, electrophysiologists and cardiothoracic surgeons provides the most advanced treatments, leading-edge techniques and unparalleled experience for the best clinical outcomes. Combined with expert nursing and technical staff, this team offers a full range of services to prevent, diagnose and treat heart disease. SSM Heart Institute services are available at five locations across the St. Louis area: DePaul Health Center, St. Clare Health Center, St. Joseph Health Center, St. Joseph Hospital West and St. Mary's Health Center.

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